



CPRPARTY QUIZ CARDS

DO YOU KNOW BASIC FACTS ABOUT CPR?

QUESTION 1

**CPR
CONSISTS OF
4 MAIN
PARTS. WHAT
ARE THEY?**



CPR CONSISTS OF 4 MAIN PARTS. WHAT ARE THEY?

ANSWER 1

**AIRWAY,
BREATHING,
CIRCULATION,
AND
DEFIBRILLATION.**



QUESTION 2

**WHEN GIVING CPR
TO AN ADULT,
HOW FAR SHOULD
YOU PRESS DOWN
WITH EACH
COMPRESSION?**

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**WHEN GIVING CPR TO AN
ADULT, HOW FAR SHOULD YOU
PRESS DOWN WITH EACH
COMPRESSION?**

ANSWER 2

**1/2 TO 2 INCHES
PRESSING
STRAIGHT DOWN
TO THE
BREASTBONE.**

QUESTION 3

**IN AN ADULT,
HOW MANY
COMPRESSIONS
SHOULD YOU
DELIVER IN 1
MINUTE?**



**IN AN ADULT, HOW MANY
COMPRESSIONS SHOULD YOU
DELIVER IN 1 MINUTE?**

ANSWER 3

**100
COMPRESSIONS
PER MINUTE.**



QUESTION 4

**NAME THE
TWO
INDICATIONS
FOR CPR?**



**NAME THE TWO
INDICATIONS FOR CPR?**

ANSWER 4

**CARDIAC
ARREST AND
RESPIRATORY
ARREST.**



QUESTION 5

**DEFINE CARDIAC
ARREST IN TERMS
OF CPR.**



**DEFINE CARDIAC ARREST IN
TERMS OF CPR.**

ANSWER 5

**NO BREATHING NO
PULSE.**



QUESTION 6

**HOW LONG
SHOULD IT TAKE
TO DELIVER A
REGULAR
BREATH?**



HOW LONG SHOULD TAKE TO DELIVER A REGULAR BREATH?

ANSWER 6

**1 SECOND TO
DELIVER EACH
BREATH. YOU
MUST DELIVER
ENOUGH AIR TO
MAKE THE
VICTIMS CHEST
RISE.**



QUESTION 7

**WHAT ARE THE
FOUR
COMPONENTS OF
THE CHAIN OF
SURVIVAL?**

WHAT ARE THE FOUR COMPONENTS OF THE CHAIN OF SURVIVAL?

ANSWER 7

- 1. EARLY ACCESS**
- 2. EARLY CPR**
- 3. EARLY DEFIBRILLATION**
- 4. EARLY ADVANCED
CARE**

QUESTION 8

**WHEN YOU SEE
A PERSON
NEEDING CPR,
WHAT DO YOU
DO 1ST?**



**WHEN YOU SEE A PERSON
NEEDING CPR, WHAT DO
YOU DO 1ST?**

ANSWER 8

**CHECK TO MAKE
SURE THE
SCENE IS SAFE
FOR YOU. DO NOT
BECOME ANOTHER
VICTIM.**

